

THE NETWORK NEWS



*Connecting
cultures
through
friendship*

AMERICAN WOMEN'S NETWORK OF ABU DHABI

VOLUNTEER WITH AWN!

AWN is seeking an editor/designer and co-editors for our monthly newsletter which contains the latest news and events.

SKILLS NEEDED:

- Personal computing skills
- Production / design in any page layout software AND/OR MailChimp
- Editing skills

If you would be interested in volunteering with AWN, please send an email to marketingawn@gmail.com.

We are on Social Media.



@awnabudhabi



AWN - American
Women's Network
of Abu Dhabi

*Hello
October!*



WELCOME FROM AWN CO-PRESIDENTS

As we enter into the fall season, the American Women's Network would like to warmly welcome all new members who have arrived to Abu Dhabi recently. You have moved here during a challenging time, no doubt, and we look forward to meeting you soon and welcoming you in person.

At AWN, our mission is to connect women of all nationalities through our friendship, through exciting activities, and through amazing cultural exchanges. Considering our present limitations, we are committed to continue our quest to navigate these unique times by informing you as much as possible through the newsletter. Our newsletter is a vital communication tool and one of the only ways we can inform our members on updates or additions to what AWN can offer. Thank you for reading this issue...we hope you enjoy it!

Also, of great importance to women around the globe, this month we celebrate Pink October. Pink October is a global initiative to spread breast cancer awareness and is an opportunity to remember all those affected with breast cancer. We all hope for a cure someday for this terrible disease.

Sincerely,
Sara Healey and Mimi Prendergast
AWN Co-Presidents

COFFEE & SPEAKER SERIES

As gatherings with large numbers of attendants continue to be banned in Abu Dhabi, we all miss these face-to-face opportunities to connect and to physically reach out to our friends and newcomers to the region.

We are working on ways to keep our members involved and up to date with what the region has to offer and ask you to check our newsletter and social media channels for any updates. We miss you!

MEMBERSHIP

Hello to everyone and welcome to the newcomers!



Memories from our February's Newcomers Coffee Morning

During these unprecedented times, connections to each other and the local community are more important than ever. There will be virtual Newcomers welcome morning on October 22nd, 2020. This will be a great opportunity to virtually connect with other ladies new to Abu Dhabi or new to our group, learn about the organization and our online activities. All new members who have registered online since February 15th, 2020 will be receiving email invites.

Sadly, we are saying goodbye to five of our Membership teammates; Ruthie, Jos, Roselyn, Barbara and Maria. Thank you so much for the time and skills you have generously donated. The success of AWN depends on willing volunteers like you.

Any questions about AWN membership please email us at membershipawn@gmail.com

ACTIVITIES

Welcome back AWN Members and all those that are new to AWN. Currently, most of our activities are meeting virtually or in person. We wish we could be all together in person but we still can make our connections and encourage those new to the group to get involved in some of the activities listed below. All levels welcome. If you have any questions or concerns regarding any of the activities please contact me or the coordinators below. We look forward to getting to know you!!

Tari Carlson

Activitiesawn@gmail.com

Art Club

Art Club has a Whatsapp group where members share their artwork. Currently we are holding monthly Zoom meetings where we also share some art tips and online classes with members.

On another note, we want to thank our co-coordinator Anja Delling who is resigning due to family obligations but want to thank her for putting in the time to make this a great group to be a part of, thank you Anja!

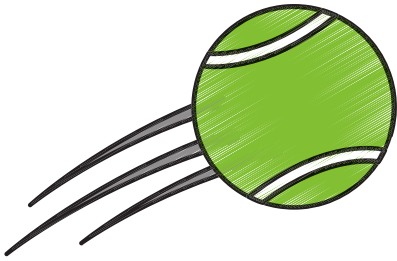
If you are interested in being a part of Art Club, please email the coordinator at artclubawn@gmail.com, we look forward to hearing from you.



Coordinator & Co-coordinator

Dania Malki & Ti Seymour

Tennis



Interested in learning how to play tennis or improving your game? AWN Tennis offers 4-week sessions. Lessons are at the Beach Rotana on Sunday/Tuesday each week. The cost is 360 AED per session which includes use of the courts and pool after each lesson. Numbers will be limited because of social distancing. For more information contact tennisawn@gmail.com

Coordinator

Kate Wright

Golf

Be ready, Ladies, as GOLF WILL BE BACK VERY SOON!!! Both golf clubs are awaiting final approval from the relevant authorities to resume group lessons. Once they get the approval, they expect to resume ASAP. We truly cannot wait to see you again. If you are already on our email list, please be on the lookout for the sign-up sheets as some members are receiving them in their junk folder. We expect reduced numbers allowed at clinics, so it will be imperative to sign up in advance.

If you have never golfed before, but would like to learn, please join our group. Beginner and intermediate/advanced lessons are held on Mondays at the Abu Dhabi City Golf Club (Al Mushrif) and Wednesdays the Abu Dhabi Golf Club (Khalifa City A). These clinics are a great way to learn at extremely reduced rates and also you will meet wonderful ladies. Please reach out to us at awngolf@gmail.com to be added to our email list and we can provide you more information.

Coordinators

Aimee Simon Kiki Tandon

Book Club

AWN's Book Club will hold our monthly gathering via Zoom Monday, October 26, 2020 from 4:30 pm to 6:30 pm. We will discuss *Catch and Kill* by Ronan Farrow. An email requesting RSVPs will be sent a week prior. We will only share the Zoom link with members who reply to the email requesting RSVPs. Our reading list for the upcoming activity year are:

Oct. 26th: *Catch and Kill* by Ronan Farrow (N)

Nov. 23rd: *Big Little Lies* by Liane Moriarty (F)

Jan. 25th: *American Dirt* by Jeanine Cummins (F)

Feb. 22nd: *It's Not About The Burqa* edited by Mariam Khan (N)

Mar. 15th: *Disappearing Earth* by Julia Phillips (F)

Apr. 26th: *Beneath The Tamarind Tree: A Story of Courage, Family, and Lost Schoolgirls of Boko Haram* by Isha Sesay (N)

May 24th: *Celestial Bodies* by Jokha al-Harhi (F)

If you would like to get involved with Bookclub, please email the coordinators at bookclubawn@gmail.com

Coordinators

Pamela Sullivan & Karen Lea McBryde



In September, author, Sahar Mustafah (in the center square) joined us for the discussion of her book, *he Beauty of Your Face*.

Yoga

Currently Yoga is not meeting at the STUDIO. They are moving their location and will re-open sometime in late December early January. They are still offering online classes and if you would like to attend, you can contact them at <https://www.thestudiouae.com/schedule>. They offer a variety of packages and prices. When their new studio opens we hope to be "in person" and offer AWN members a discounted rate. For updates on when we will start AWN Yoga, please keep referring to the monthly AWN newsletter or contact the coordinator directly at yogaawn@gmail.com

Coordinator

Tari Carlson

Social Bridge and Mahjong

These two groups are still not meeting but if you are interested in getting on their email list for when they resume, please contact them at mahjongawn@gmail.com and bridgeawn@gmail.com.

Mahjong Coordinator and Co-Coordinator:

Pauline Olson & Mahjong Co-Coord: Pamela Sullivan

Social Bridge Coordinator

Shivani Wanchoo

EXPLORERS

Restrictions are still in place but cooler weather is coming! Below are some outings in Abu Dhabi you may enjoy. Take care and I hope you see you soon!

Warehouse 421 - Open to the public: Tuesday to Sunday 10 am - 8 pm, Monday - Closed

The Stonebreakers Exhibition: September 1st - December 31st, 2020

<https://www.warehouse421.ae/en/whats-on/the-stonebreakers/>

Inspired by the historical and ongoing importance of maritime trade to the development of the port cities of the Arabian Gulf, The Stonebreakers brings together three recent projects by Shumon Ahmed, Ranjit Kandalganekar and Hira Nabi that focus on a specific node within the modern shipping infrastructural network: the ship-breaking yard.

Qasr Al Hosn - Open to the public: Saturday to Sunday 10 am - 7 pm, Friday 2 pm - 7 pm

<https://qasralhosn.ae/>

Over the centuries, Qasr Al Hosn has been home to the ruling family, acted as the seat of government, housed the National Consultative Council founded by the late Sheikh Zayed Bin Sultan Al Nahyan, Founder of the UAE, as well as being a national archive. Built around the 1790s, this commanding structure overlooked the coastal trade routes and protected the growing settlement established on the island. Qasr Al Hosn is a national monument that encapsulates the development of Abu Dhabi from a settlement reliant on fishing and pearling in the 18th century, to a modern, global metropolis, displaying artifacts and archival materials dating back to as far as 6000 BC.

Jubail Mangrove Walk, Jubail Island: Opens October 1st

<https://park.jubailisland.ae/>

The aim is to enhance the awareness, appreciation and understanding of the important ecological function of the mangrove habitats that include protection of the Abu Dhabi Coastline and supporting biodiversity. A meandering boardwalk will take you through the mangroves and allows you to discover Abu Dhabi in its essence.

***History of the Emirates* - <https://historyoftheemirates.com/en/homepage/>**

If you haven't watched it yet, this documentary about the UAE is highly recommended - Narrated by Jeremy Irons, the fascinating 3-part series reveals how new archaeological discoveries are only now revealing the true extent of this land's ancient wonders and its 125,000-year heritage from the earliest human presence in the region to the national union in 1971.

Utilizing the latest cutting-edge technology – from CGI to LiDar scanning and 360-degree camera work – interwoven with never-before-seen archival footage, it is a groundbreaking series that profiles the very foundations of the country's civilizations.

AWN OUTREACH

The COVID 19 pandemic has been devastating for many UAE residents. Are you looking for ways to help while maintaining social distancing rules? Here are five initiatives which you could support..

[In This Together UAE](#) and the **[UAE Relief initiative](#)** are both grassroots initiatives connecting people who can help with people who need help which were established as a response to the Coronavirus pandemic. Both initiatives continue to be active. Please visit their websites to find out more and to volunteer your time or support people in need.

[Operation Smile](#) is supporting families who have lost their jobs or had their income reduced due to the COVID 19 pandemic with **[baby care packs](#)** consisting of diapers, formula/powdered milk and vitamin D drops. Operation Smile collects clothes, shoes and bags in good condition at the special bin at the Operation Smile UAE office or bins placed around Abu Dhabi in malls such as Khalidiyah Mall, Al Wahda Mall, Madinat Zayed, Ramada Downtown, Le Meridien. Operation Smile is also collecting paper and card for another recycling project. Newspapers, used jotters and notebooks, cereal boxes, cardboard boxes etc can be dropped off at the **[Operation Smile office](#)**. The **[Operation Smile office](#)** is also accepting clean unused cotton material (preferably patterned or bright colour) which can be used for sewing hospital gowns for our young patients once they resume their surgeries. Please note that Operation Smile cannot accept books at the moment. However, you can visit the **[OSUAE online](#)** book sale on Facebook to purchase some of the excellent books on offer.

[Make a Wish Foundation UAE](#) launched its 'Hope is essential, for a child fighting cancer' initiative in September which was Cancer Awareness month. Children continue to fight life threatening illnesses, need surgery and have wishes which need fulfilling. Please learn more about **[Make a Wish UAE](#)** and support their important work.

[The Emirates Red Crescent](#) has been delivering food, clothes, medicine and other necessities to residents in need across the UAE. During the pandemic they have developed health packs and food packs for people in need.

The Community Outreach committee is looking for new members. If you are interested in joining, email outreachawn@gmail.com.