

THE NETWORK News



» EXPLORERS EVENTS
PAGE 3



AMERICAN WOMEN'S NETWORK OF ABU DHABI

Connecting cultures through friendship

AWN COFFEE & SPEAKER SERIES

Thursday, October 4, 18
AWN Coffee & Speaker Series
10 a.m. - 12 p.m.
Khalidiya Palace Hotel

UPCOMING EVENTS

Tuesday, October 2
Explorers
11 a.m.
Tour of Bait Al Oud

Saturday, October 20-21
Art Club
4 - 7 p.m. Oct. 20
Opening Reception
Art Club Group Exhibition
"Arabian Lights"

MONTHLY ACTIVITIES

Sundays, October 7, 14, 21, 28
Social Bridge
1:30 - 4:30 p.m.
The Club

Sundays, October 7, 14, 21
Tennis
8:45 - 9:30 a.m.
Beach Rotana

Sundays, October 7, 14, 21, 28
Yoga
8:30 a.m.
The Studio

Mondays, October 1, 8, 15, 22, 29
Art Club
10 a.m. - 1 p.m.
National Theater Studio

Monday, October 22
Book Club
2 - 4 p.m.
Location TBD

Mondays, October 1, 8, 15, 22, 29
Golf Clinic
8:30 a.m.
Abu Dhabi City Golf Club

Mondays, October 1, 8, 15, 29
Knitting Group
10:30 a.m. - 1:30 p.m.
Cafe de la Paix

Tuesday, October 16
Culture Club
10 a.m. - 12 p.m.
Location TBD

Wednesdays, October 3, 10, 17, 24, 31
Golf Clinic
9 a.m. & 10:45 a.m.
Abu Dhabi Golf Club

Wednesdays, October 3, 10, 17, 24, 31
Mahjong
9:30 a.m. - 12:30 p.m.
The Slipway Bar, The Club

WELCOME FROM AWN CO-PRESIDENTS

Welcome new and current members! Please join us soon at one of our AWN Coffee/Speakers Series events or one of the many activities we have planned throughout the year.

AWN is committed to connecting women of all nationalities through friendship, activities and cultural exchange. Be sure to explore our newsletter and visit our website often for the latest activities, outings and other interesting avenues of community involvement.

Birgitt Adams and Carolyn Neubauer
AWN Co-Presidents

COFFEE & SPEAKER SERIES

Coffee & Speaker Series mornings are held on the first and third Thursday of every month from 10 a.m. to noon at Khalidiya Palace Hotel.

**OCT
4**

In support of October Breast Cancer Awareness month, on **October 4th**, AWN is honored to host guest speaker, **Dr Houriya Kazim, Medical Director and Consultant Breast Surgeon, Well Woman Clinic.**

Dr Kazim, a UAE national, is the country's first female surgeon, and specializes in Breast and Reconstruction Surgery and Oncology.

Dr. Kazim founded and runs the only breast cancer support group in the Dubai and founded and chairs the breast cancer charity, Brest Friends. She is the recipient of the 2014 Arab Woman Award for Medicine and the 2016 recipient of the UAE's Inspiring Women award, Emaratiyah.

**OCT
18**

Our **October 18** speaker, **Joanna Bates, Head of Events Relationship, F1/Yas Marina Circuit** will speak on the changing face of international sporting events.

Organizing an event with wide appeal and high-class delivery in today's market has changed from years gone by. Fans now typically consume a wider variety of sports and look for an overall entertainment experience. Joanna will share with us how the approach to planning F1 over the years has changed to keep consumers engaged.

The information in this newsletter is provided by the American Women's Network of Abu Dhabi as a service to its members. AWN takes no responsibility for the information provided. Please confirm all details with any of the organizations and contacts listed.

awngeneral@gmail.com

www.awnabudhabi.com

AWN - American Women's Network of Abu Dhabi

SHUKRAN!

Many thanks to our September 6th Speaker Series presenter, **Jyotsna Uppal, Therapist, Coach and Director of Align** for the relevant and valuable conversation on transition and the effects of change in our expatriate lives. You can learn more about ways to handle the challenges of transition at www.align-consulting.com



Many thanks to our fabulous September 20th Speaker Series presenter, **Maya Allison, Director and Chief Curator, NYU Abu Dhabi Art Gallery**. Maya whet our appetites with a dynamic presentation highlighting the impressive history and current thought-provoking art exhibited at the gallery. Go to www.nyuad-artgallery.org/ for information on the exhibit "Ways of Seeing" running now through November 17, 2018.

As always, AWN wishes to thank **Khalidiya Palace Rayhaan by Rotana** for hosting our Thursday morning coffees. We greatly appreciate its welcoming atmosphere, and its dedication in meeting our needs and expectations.

Members please remember that Khalidiya Palace offers 20% discounts in their restaurants following our coffee gatherings.

EXPLORERS**Upcoming Events****Tuesday, October 2: Musical Adventure - Tour of Bait Al Oud**

Time: 11 a.m. // Cost: 30 AED

Location: Villa No. 72, Malqatah St., Al Nahyan. Abu Dhabi

Bait Al Oud (or Home of the Oud) is an incredible musical institute and workshop.

It seeks to preserve the songs and techniques associated with the oud and other important instruments in the UAE. These include the qanun, Middle Eastern cello, and rebabah, as well as Arabic singing, Emirati coral, and Arabic Muwashahat. Bait Al Oud hosts performances, offers music lessons and certificate-awarding courses in these instruments.

continued on next page



Smile! Photos are taken at our events and coffee mornings to be used in our newsletter and website.

The information in this newsletter is provided by the American Women's Network of Abu Dhabi as a service to its members. AWN takes no responsibility for the information provided. Please confirm all details with any of the organizations and contacts listed.

EXPLORERS

As a center of both teaching and research, Bait Al Oud aims to preserve traditional Arabic music heritage and nurture a new generation of professional musicians in the UAE who are well versed in the history and repertoire of their instrument.

We will tour the school and learn how the oud is handmade on site. After the tour, Bait Al Oud graduates will put on a private performance for us, as the culmination of a very special tour of this inspirational institution.

The oud is one of humankind's oldest stringed instruments, dating back to the Akkadian Empire (approximately 2350 BCE) in ancient Mesopotamia (modern-day Iraq).

To reserve your place please email us at explorersawn@gmail.com.

Tuesday, October 9: Private Tour of "Ways of Seeing" Exhibit

Location: NYUAD Art Gallery // **Time:** 12:30 – 1:30 p.m. // **Cost:** Free

Optional lunch at The Marketplace: 11 a.m.



The exhibition is based on John Berger's seminal 1972 text on visual culture, *Ways of Seeing*, in which he shifted the emphasis of art criticism away from the professional art-expert and relocated it within the grasp of the layperson. In taking its cue from Berger's groundbreaking argument, this exhibition invites the viewer to actively engage with the artwork, and to explore the ways by which artists assign forms and concepts that seem familiar with renewed appearances and meanings.

To reserve your place please sign up at the Explorer's table or email explorersawn@gmail.com.

Friday, October 19: Yas Perfume Store visit

Location: Yas Perfume store at Nation Tower // **Time:** Noon – 1:30 p.m.

Some say scent was discovered in Mesopotamia, others that it originated in Arabia, which is still known as the 'Land of Perfumes'. Join us for lunch with Nina, our guide into the magical land of Arabic perfumes.

To reserve your place please sign up at the Explorer's table or email explorersawn@gmail.com.

Friday, October 19: Chaâbi Flamenco: Juan Carmona and Ptit Moh Performance

Plus opening set by Bait al Oud artist Hamad Almansoori

Location: NYUAD Red Theatre // **Time:** 8 p.m. // **Cost:** 130 AED

When a maestro of flamenco guitar meets a star of Algiers mandola and chaâbi, the musical dialogue that takes place forms a new Arabo-Andalusian bridge to reach the peaks of virtuosity.

Chaabi also known as Chaâbi, meaning "folk", refers to different music genres in North Africa such as Algerian chaabi, Moroccan chaabi and Egyptian chaabi. Chaabi music is frequently found in weddings and this style is often associated with the festivals.



To reserve your place please sign up at the Explorer's table or email explorersawn@gmail.com.

Smile! Photos are taken at our events and coffee mornings to be used in our newsletter and website.

The information in this newsletter is provided by the American Women's Network of Abu Dhabi as a service to its members. AWN takes no responsibility for the information provided. Please confirm all details with any of the organizations and contacts listed.

MAHJONG MEMBER PROFILE: PAULINE OLSON

I have been a member of AWN Mahjong for a year. It is the best "social" decision I have made in Abu Dhabi, and I regret not joining sooner. The team are excellent teachers and the group is encouraging.

My first knowledge of Mahjong was in Hong Kong in 1987. Then I was working and had no spare time. Also, I knew about it through a dear friend in Australia, Doss; she is 98 and started playing at 75. She was a teacher for her community. Earlier this year we played together. The first hand she played was "Crazy Chow." Once you join our group you will learn it isn't an easy hand. Here is a lovely photo of our Mahjong morning. It is a social game and great for the mind.

Pauline Olson and Doss Price in Noosa, Queensland, May 2018.



ART CLUB

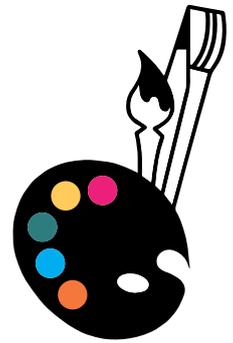
The Art Club meets at the National Theater's Art Workshop on Mondays from 10 a.m. - 1 p.m. A fee of 20 AED per person is paid for the studio use.

This is a meeting point for people with common interests, who gather to draw, paint and exchange tips and ideas about making art, regardless of skill level from beginner to advanced. We also organize special programs each month featuring demos and workshops.

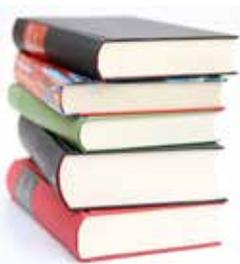
We are extremely excited about our first AWN Art Club Members' Group Exhibition titled "Arabian Lights" at the National Theater Main Exhibition Hall, on October 20 & 21st, 2018. The opening reception is on Saturday, October 20th from 4 - 7 p.m. There will be various artworks from watercolor and oil paintings to ceramics.

We welcome friends and family of AWN members to join us in this special event. Exhibition hours: Saturday 1 - 7 p.m. and Sunday 10 a.m. - 5 p.m.

For more information about the Art Club please email us at artclubawn@gmail.com.



BOOK CLUB



The AWN Book Club will meet from 2 - 4 p.m. on Monday, October 22. In lieu of the novel originally scheduled for the 22nd, the book club will be discussing two short stories - Vladimir Nabakov's, *Signs and Symbols*, and Joyce Carol Oates's, *Where Are You Going, Where Have You Been?* - both of which can be accessed for free online. Please rsvp to Book Club for location information.

We meet on the 4th Monday of the month from 2 - 4 p.m. Location TBD. You can sign up at the AWN Coffee Mornings or by email at bookclubawn@gmail.com.

Smile! Photos are taken at our events and coffee mornings to be used in our newsletter and website.

The information in this newsletter is provided by the American Women's Network of Abu Dhabi as a service to its members. AWN takes no responsibility for the information provided. Please confirm all details with any of the organizations and contacts listed.

SOCIAL BRIDGE

The Social Bridge Club meets every Sunday from 1:30 to 4:30 p.m. at the Waterfront Suite, The Club. We welcome Bridge players of all levels.

The 45 AED fee (35 AED for Club members) covers the entrance to The Club, sandwiches, fruit salad, cookies, coffee, tea and water. Emirates ID is required for entry to The Club. Parking is available either inside or outside The Club.

To reserve your place please sign up at the Bridge table or email bridgeawn@gmail.com.

Bridge lessons are being offered for beginners starting from **October 17**. If you are interested in learning to play, please contact the Bridge Coordinator at bridgeawn@gmail.com or sign up at a coffee morning.

CULTURE CLUB

AWN ceramics enthusiasts will have a chance to participate in a virtual tour of the Louvre AD ceramic collection on **Tuesday, October 16**, between 10 a.m. - 12 noon. Venue TBA. We will focus in particular on the Silk Road ceramic trade and its global impact. As usual, your participation is very important. If you have a favorite ceramic object and want to tell us briefly about it, you are most welcome to do so. Please bring a picture of the object you will talk about. Sign-ups will be taken at the next AWN coffee morning or by emailing cultureclubawn@gmail.com.

If you would like further information about the AWN Culture Club, please email cultureclubawn@gmail.com.

GOLF



Our golf members are ready to get back into the swing of things as many of our members traveled to cooler climates for the summer. Nicer weather is approaching and that means more fun on the golf course. Recently we enjoyed an outstanding evening event at Saadiyat Beach Golf Club with two awesome golf pros, Lewis and Danny. Saadiyat is interested in attracting the AWN golfer for weekly lessons and they did a wonderful job at making us feel welcomed with complimentary beverages, canapés, and a one-hour lesson. Stay tuned as we finalize

the day and times for beginner and advanced golf lessons at Saadiyat. We'd love to encourage all of you who have thought about starting to learn how to swing a club to please reach out to the golf coordinators for more information.

Mondays at Abu Dhabi City Golf Club: Combined clinics begin at 8:30 a.m., until further notice. Price includes a complimentary beverage in the clubhouse afterwards. Sign up for four weeks in advance and receive off peak access to the practice facilities for the duration (please note that if you miss a week you cannot carry it over).

Wednesdays at Abu Dhabi Golf Club, Sas El Nakhl: Advanced Clinic begins at 9 a.m. for one hour followed by a round of play on the 9-hole Garden Course (cost 210 AED* plus VAT). Beginner lessons are held at 10:45 a.m. for one hour (cost 110 AED* plus VAT). *Price includes a complimentary beverage in the clubhouse afterwards.

You can sign up at the regular AWN Coffee Mornings or by email at awngolf@gmail.com.

Smile! Photos are taken at our events and coffee mornings to be used in our newsletter and website.

The information in this newsletter is provided by the American Women's Network of Abu Dhabi as a service to its members. AWN takes no responsibility for the information provided. Please confirm all details with any of the organizations and contacts listed.

KNITTING GROUP

Keroo and Tina modelling shawls, knitted ready for those cooler winter evenings.

AWN Knitting Group will be meeting at Cafe De La Paix, Nation Towers, 10:30 a.m. - 1:30 p.m., Mondays, October 1, 8, 15 and 29. Please note there will be no meeting Monday, October 22.

We are a very relaxed friendly group, all knitters will be made to feel very welcome. Why not come and join us to work on your latest knitting project while making new friends.

If you would like further information about AWN Knitting Group please send an email to knitawn@gmail.com.

MAHJONG

The Mahjong group meets every Wednesday at the Slipway Bar, The Club, from 9:30 a.m. - 12:30 p.m. We welcome players of all levels, so even if you haven't played before, just come! We would love to teach you.

The 45 AED fee (AED 35 for Club members) covers the entrance to The Club, sandwiches, fruit salad, cookies, coffee, tea and water. Emirates ID is required for entry to The Club. Parking is available either inside or outside The Club.

You can sign up at the regular AWN Coffee Mornings or by email at mahjongawn@gmail.com.

TENNIS

AWN tennis sessions are held on Sundays and consist of 4 lessons and is open to Advanced, Intermediate and Beginner Players. Held at the Beach Rotana, the weekly 45-minute lessons start promptly at 8:45 a.m. and end at 9:30 a.m. The cost per session is 340 AED + VAT.



For registration or more information, please email tennisawn@gmail.com.

YOGA

AWN Yoga will meet on Sundays at 8:30 a.m. at The Studio on the Corniche, in the Khalidiya area (just a few steps away from Third Place Café.) Enjoy an hour of yoga with the special price of 50 AED for AWN members only, no walk-ins. Spaces will be limited so those interested, please send an email to yogaawn@gmail.com as soon as possible. This will be a pay-as-you-go plan!

Smile! Photos are taken at our events and coffee mornings to be used in our newsletter and website.

The information in this newsletter is provided by the American Women's Network of Abu Dhabi as a service to its members. AWN takes no responsibility for the information provided. Please confirm all details with any of the organizations and contacts listed.

A BIG THANK YOU TO AWN FROM THE OSUAE TEAM!

Operation Smile UAE is delighted to announce the success of their second UAE mission which was hosted by Cleveland Clinic Abu Dhabi in August. Thanks to Centro Capital Centre and Pearl Rotana who provided complimentary accommodation for the international medical volunteers and local volunteers from within the UAE, Operation Smile was able to screen 33 patients, provide surgery for 12 children and young adults and provide dental treatment and some speech intervention. Thanks to organisations such as AWN and the support they provide, Operation Smile can continue to provide the help that so many patients require.

If everyone does a little, we can achieve such a lot!



VOLUNTEER CORNER

VOLUNTEERS NEEDED - AM CHAM ABU DHABI

Am Cham Abu Dhabi is hosting their 10th Annual Roundtable Summit on Wednesday, October 17 and hoping that some AWN ladies would be interested in volunteering. This year's theme is, "The Next Frontier: Is Business Prepared for the Coming Wave of Innovation," and will be explored and highlighted by an extraordinary line-up of VIP speakers. The day's event runs from 8 a.m. until 4 p.m. at the Jumeriah Etihad Towers Hotel, and all volunteers will receive a participation certificate in addition to learning from the wonderful event itself. Lunch will be provided.

If interested, please contact Zheny at 02 631 3604 or events@amchamabudhabi.org by October 10th.

VOLUNTEERS NEEDED - OPERATION SMILE

1. Operation Smile UAE is looking for companies/groups/individuals to help at their **Big Book Sale** in Al Wahda Mall in November 1st through 3rd. Volunteers, who will have a variety of 4 hour time slots to choose from, can register through volunteer@operationsmileuae.ae. It's a fun event to be a part of!
2. Operation Smile UAE is also looking for teams of 10 to enter our **corporate SMILE GAMES** on Saturday, October 27. There will be competitive as well as fun activities at the event held in New York University Abu Dhabi. Entry fee for a team of 10 is 5,000 AED with all funds going towards the surgeries of patients with cleft conditions. If you would like to enter a team or know of a company interested in sponsoring the event please contact Morag at morag@operationsmileuae.ae. *They may be looking for some volunteers for this event (especially those with stopwatch abilities)....contact Morag if interested.*
3. Operation Smile UAE had to say goodbye to Louise, their longtime volunteer accountant earlier this year. Louise used to volunteer approximately one day per week at the office. If there are any **qualified accountants** who may be interested in volunteering please feel free to contact Morag at morag@operationsmileuae.ae.

Smile! Photos are taken at our events and coffee mornings to be used in our newsletter and website.

The information in this newsletter is provided by the American Women's Network of Abu Dhabi as a service to its members. AWN takes no responsibility for the information provided. Please confirm all details with any of the organizations and contacts listed.

HAPPENINGS IN ABU DHABI**AMCHAM ABU DHABI**★ **10TH ANNUAL AMCHAM ABU DHABI ROUNDTABLE SUMMIT: "THE NEXT FRONTIER: IS BUSINESS PREPARED FOR THE COMING WAVE OF INNOVATION"****Wednesday, October 17, 2018 | 8:30 am - 2:30 pm****Venue:** Jumeirah at Etihad Towers**Cost:** AED 1,000 for AmCham Abu Dhabi Members, AED 1,500 for Non-Members.

Join AmCham Abu Dhabi for our most important business event of the year and let your voice be heard among industry leaders.

The AmCham Abu Dhabi Roundtable Summit brings together business and government leaders from across Abu Dhabi's commercial spectrum to candidly discuss business opportunities and challenges in Abu Dhabi and identify key concerns and issues for those doing business in the Emirate. Through this dialogue, delegates are able to identify specific business practices, laws, and government policies that can realistically be improved in order to further the goals of increasing foreign direct investment in the U.A.E., enhancing U.S.-U.A.E. commercial relations, and ultimately assisting the Emirate in achieving the ambitious development plans set forth in The U.A.E. Vision 2021 and The Abu Dhabi Vision 2030.

RSVP: No later than noon, Monday, October 15, 2018. To register, <https://amchamabudhabi.org/client/event/roster/eventRosterDetails.html?productId=10418&eventRosterId=7>

BODYTREE YOGA STUDIO★ **YOGA: SAVE YOUR BACK! YAMUNA BODY ROLLING****Friday, October 19, 2018 | 9-11 a.m.****Venue:** Bodytree Yoga Studio**Cost:** 285 AED

Cardio workouts cause continuous impact to the bones and joints in the body. So if after years of high intensity training you suffer from back pain, joint aches or from limited range of movement you might want to look for a different type of exercise system. So why not try something different and add Yamuna® Body Rolling (YBR) to your exercise routine that improves bone quality and muscle tone, increases range of motion, and improves metabolism.

Bodytree is hosting a YBR workshop with Danielle Haggart, that will teach you how to correct and maintain a healthy back. You will learn how to build a long and strong back maintaining healthy lumbar, thoracic, and cervical vertebrae and discs and how to correctly work the abdominal muscles so they support, and protect the spine properly. Yamuna balls will be on loan for the workshop. All levels welcome!

<https://bodytreestudio.com/>**NSO SYMPHONY ORCHESTRA**★ **CONCERT: A TRIBUTE TO FRANK SINATRA****October 5, 2018 | 7:30 p.m. | Emirates Palace Auditorium
October 6, 2018 | 7:30 p.m. | The Music Hall,
Palm Jumeirah, Dubai**

NSO presents a special concert featuring hit tunes by the most popular and influential crooner of the 20th century - Old Blue Eyes himself, Frank Sinatra.

Conducted by Andrew Berryman, the NSO Big Band will lead you through a myriad of hits, from swing numbers - Fly me to the Moon, Sway, The Best is Yet to Come, That's Life - romantic love ballads, My Funny Valentine, I've Got you Under my Skin - to favorites New York, New York, and, of course, his signature My Way.

Come hear NSO's 'Tribute to Frank Sinatra' for a memorable night out!

Box Office: **www.ticketmaster.ae**Information: **info@nsouae.org**, **ticketing@nsouae.org**, **www.nsouae.org****NYU ABU DHABI**★ **FILM — THE CRUEL SEA****Sunday, October 28, 2018 | 6-8 p.m.****Venue:** NYUAD Campus, Conference Center

Considered the first feature film directed by a Gulf national, Khaled Al-Sidik's visually detailed *The Cruel Sea* (Bas ya Bahar, 1972), set in Kuwait, is a gripping portrait of the lives of pearl divers and their families set in a pre-petroleum Gulf. It won the FIPRESCI award at the Venice Film Festival in its debut and has played in festivals around the world ever since. Traditional villages and an absence of modern twentieth-century technology capture a scarcely documented past, portraying complicated characters living on the edge of death every day. The film stars Kuwaiti acting legends Saad Al Faraj and Hayat Al Fahed.

The screening to be followed by a Q&A with the film director Khaled Al Sidik.

OPEN TO THE PUBLIC

Info: **<https://nyuadi.secure.force.com/Events/>**

Smile! Photos are taken at our events and coffee mornings to be used in our newsletter and website.

The information in this newsletter is provided by the American Women's Network of Abu Dhabi as a service to its members. AWN takes no responsibility for the information provided. Please confirm all details with any of the organizations and contacts listed.