

# THE NETWORK News



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AMERICAN WOMEN'S NETWORK OF ABU DHABI

*Connecting cultures through friendship*

## AWN COFFEE & SPEAKER SERIES

**Thursday, November 2, 16**  
**AWN Coffee & Speaker Series**  
10 a.m. - 12 p.m.  
Khalidiya Palace Hotel

## UPCOMING EVENTS

**Thursday, November 9**  
**Couples' Bowling Night**  
Zayed Sports City  
6:30-11 p.m.

**Wednesday, November 15**  
**Bounce for a Cause**  
Adventure HQ Dalma Mall  
10-11 a.m.

**Monday, December 11**  
**Holiday Tea & Cookie Exchange**  
2 - 4 p.m.

## MONTHLY ACTIVITIES

**Sundays, November 5, 12, 19, 26**  
**Social Bridge**  
1:30 - 4:30 p.m.  
The Sports Bar Lounge, The Club

**Sundays, November 5, 12, 19, 26**  
**Tennis**  
8:45 - 9:30 a.m.  
Beach Rotana

**Mondays, November 6, 13, 20, 27**  
**Art Club**  
10 a.m. - 12 p.m.  
National Theater Studio

**Monday, November 27**  
**Book Club**  
1 - 3 p.m. // 7 - 9 p.m.  
Various Locations

**Mondays, November 6, 13, 20, 27**  
**Knitting Group**  
10:30 a.m. - 1:30 p.m.  
Bee's Knees Cafe, Nation Towers

**Tuesdays, November 7, 14, 21, 28**  
**Tennis**  
8:45 - 9:30 a.m.  
Beach Rotana

**Wednesdays, November 1, 8, 15, 22, 29**  
**Golf Clinic & Lessons**  
9 a.m. & 10:45 a.m.  
Abu Dhabi Golf Club  
Sas Al Nakhl

**Wednesdays, November 1, 8, 15, 22, 29**  
**Mah Jong**  
9:30 a.m. - 12:30 p.m.  
Slipway Bar, The Club

## WELCOME FROM AWN CO-PRESIDENTS

Welcome to our new and current members. Please join us at one of our AWN Coffee and Speakers Series and at our many activities and special events this month.

AWN is committed to connecting women of all nationalities through friendship, activities and cultural exchange. Make sure to explore our newsletter and visit our website often for our latest activities, outings and other interesting avenues of support.

Susan Foster and Carolyn Neubauer  
AWN Co-Presidents

## AWN COFFEE & SPEAKER SERIES

Coffee & Speaker series mornings are held on the first and third Thursday of every month from 10 a.m. to noon at Khalidiya Palace Hotel.

**NOV 2**

### Threads of Emirati Dress, Dr. Reem El Mutwally

Dr. Reem has spent much of her life dedicated to understanding and unravelling the evolution of the traditional dress of UAE women. Join us to understand the importance of clothing in preserving the status of indigenous women in the UAE and how the changing role of women is reflected in the way women have dressed. We are hoping she will bring a couple of these wonderful gowns to display!

Dr. Reem will be selling her book "Sultani: Traditions Renewed," Changes in UAE Women's Traditional Dress during the reign of Sheikh Zayed Bin Sultan Al Nahyan (1966-2004). Please bring cash (1,500 AED) if you are interested in making a purchase.

For more information, visit: [sultanibook.com](http://sultanibook.com) or Instagram: @sultanibookuae

**NOV 16**

### UAE Trekkers, Amy Subaey

Looking to explore the region beyond its cities? Amy, founder and CEO, will share her passion for hiking and trekking the beautiful trails of the UAE and

Oman, and the adventures which await further afield.

**SHUKRAN!**

**October 5th** saw a very large number of ladies wanting to hear more about the iconic new **Dubai Opera House**. **Jasper Hope, CEO**, had everyone enthralled with his presentation about this fabulous new venue in Dubai and already a very large number of members have signed up for what will be one of their first "behind the scenes" tour of the Dubai Opera House next month. [www.dubaiopera.com](http://www.dubaiopera.com)



Again a very large number of members turned up on **October 19th** to learn about the **Abu Dhabi Falconers' Club - Ladies Section**.

Both **Ayesha Almansoori** (founding member) and **Angelique Engels** turned up with their avian friend **Talal** to share their passion for the art of Falconry and how they are committed to preserve and develop the art of falconry as a sport amongst women, both Emirati and foreign! [www.efcad.ae](http://www.efcad.ae)

**SAVE THE DATE - COUPLES' BOWLING NIGHT**

The next exciting AWN evening event will be held on **Thursday, November 9**. We will be **BOWLING** at **Zayed Sports City** followed by **dinner and drinks** at **The Sportsman's Arms**. We will meet at 6:30 p.m. and bowl (snacks and soft drinks included) until 8:30. Dinner is from 9-11 p.m. (two drinks included in dinner price). Prizes will be awarded for best couple costume, best/worst score, etc. The cost for the evening is 250 AED per person. Sign up at our coffee mornings.

**HOLIDAY TEA AND COOKIE EXCHANGE**

Come and join fellow AWN members savouring the holiday season on **Monday, December 11, 2 - 4 p.m.**

**Bring:** 3 dozen of your favorite homemade cookie, bar or holiday treat (with copy of recipe/ingredients) and a few extra to share

**Enjoy:** An afternoon of friendship, tea, nibbles, holiday cheer

**Leave with:** A gift from AWN and 3 dozen assorted holiday treats to share with family and friends

**Location:** Private home on Saadiyat Island. Address to be given upon sign-up

**Cost:** 100 AED

**Sign up:** At our coffee mornings or at [socialeventsawn@gmail.com](mailto:socialeventsawn@gmail.com)



## MEET THE BRIDGE COORDINATORS



**Sara Healey**

Hello everyone. I developed a passion for bridge 31 years ago during our first overseas assignment to Singapore! We moved here 18 months ago after over 20 years in London, leaving a daughter there and another daughter in the US. Bridge has been a great way to get to know other ladies here and we have a lot of fun playing AWN bridge on Sundays. As bridge coordinator for AWN, I have also enjoyed introducing bridge to many enthusiastic learners. Fiona is my assistant coordinator and she has been brilliant at assisting, organizing, helping with classes, and pitching in when needed. Thanks Fiona! Also, a special thanks to Lynn McNair who has helped with bridge lessons!

**Fiona Paterson**



Hi, my name is Fiona and I help Sara run the bridge group. I was born in Scotland and moved to Surrey about 35 years ago, before heading to Abu Dhabi 2.5 years ago with my husband David. We have two children who are still in the UK, who thankfully manage to visit us regularly and enjoy the delights of Abu Dhabi.

I learned to play bridge through the AWN one year ago and can honestly say I love the game. The more you play and understand the rules the more you enjoy it. I now help Sara to teach bridge and would encourage anyone to come along and learn this wonderful game. The bridge group are all lovely and welcoming ladies.

## AWN PHOTO CONTEST

Calling all photographers! We've all taken pics of Abu Dhabi (and the other Emirates) cityscapes, mosques, souks, camels, desert, ocean, beaches, dhows, architecture, local crafts and culture, etc., ... now is your chance to share them. Submit your favorite black and white photos of this magical place we call home, and the 12 winning photos will be printed as a series of notecards available for purchase. All proceeds from notecard sales will go to AWN's supported UAE registered charities, and they will be available for purchase at the December 7th AWN meeting. Deadline/Rules:

1. Strict deadline November 26
2. Photos must be in JPEG format, horizontal or vertical, sent to [philanthropyawn@gmail.com](mailto:philanthropyawn@gmail.com), in as high a resolution as possible.
3. Limit of 3 photos per person, and must be taken by you!
4. Photos must be of Abu Dhabi and UAE only.
5. Photos must be submitted in black and white (original photo may be in color)
6. Only culturally appropriate photos will be considered. Recognizable faces will not be considered unless accompanied by written authorization.
7. Photos will be judged by AWN board and our AWN photo experts!

## BOUNCE FOR A CAUSE

AWN philanthropy conducts various activities throughout the year as a way to raise money for our UAE supported charities, and this one involves indoor trampolining!

Join us on **Wednesday, November 15, at Adventure HQ Dalma Mall, 10 - 11 a.m.**, and experience the latest fitness/health craze right here in Abu Dhabi. Trampolining, also known as rebounding, is a fun, low impact cardiovascular experience that among other benefits, improves balance and muscle tone, stimulates lymphatic drainage and builds strength. Let your inner child out and come Bounce for a Cause!! Limit 25 women, 100 AED. Proceeds will benefit our registered UAE charities. Sign up at our November 2nd coffee morning or email [philanthropyawn@gmail.com](mailto:philanthropyawn@gmail.com).

## OCTOBER ACTIVITIES



Newcomers to Abu Dhabi connect with AWN during special coffees in October.



Friends of AWN Coffee

## ART CLUB

The Art Club is where people who have an interest in painting meet and paint together. This is not only for beginners, but also for those who already have experience in the past. As a group, we desire to understand and participate in the creative process.

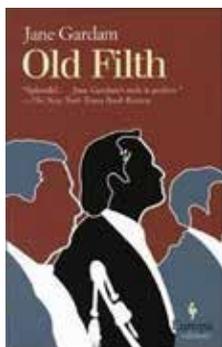
We meet at the National Theater Studio every Monday from 10 a.m. till 12 noon.

Regretfully, due to temporary space constraints, the AWN Art Club is not accepting new members. We hope to reopen the club to the new members shortly. When membership reopens, we will post in the AWN Newsletter.

For more information, contact Julia Kim at [artclub@awnabudhabi.com](mailto:artclub@awnabudhabi.com).



## BOOK CLUB



The book selection for **November 27** is *Old Filth* by Jane Gardam.

Sir Edward Feathers has had a brilliant career, from his early days as a lawyer in Southeast Asia, where he earned the nickname Old Filth (FILTH being an acronym for Failed In London Try Hong Kong) to his final working days as a respected judge at the English bar. Yet through it all he has carried with him the wounds of a difficult and emotionally hollow childhood. Now an eighty-year-old widower living in comfortable seclusion in Dorset, Feathers is finally free from the regimen of work and the sentimental scaffolding that has sustained him throughout his life. He slips back into the past with ever mounting frequency and intensity, and on the tide of these vivid, lyrical musings, Feathers approaches a reckoning with his own history. Not all the old filth, it seems, can be cleaned away.

Borrowing from biography and history, Jane Gardam has written a literary masterpiece reminiscent of Rudyard Kipling's *Baa Baa, Black Sheep* that retraces much of the twentieth century's torrid and momentous history. Feathers' childhood in Malaya during the British Empire's heyday, his schooling in pre-war England, his professional success in Southeast Asia and his return to England toward the end of the millennium, are vantage points from which the reader can observe the march forward of an eventful era and the steady progress of that man, Sir Edward Feathers, Old Filth himself, who embodies the century's fate. (Europa)

We meet on the 4th Monday of the month in various locations, coffee shop/host's flat. We have two meeting times. Afternoon group meets 1 - 3 p.m., and Evening group meets 7 - 9 p.m. You can sign up at the AWN Coffee Morning or by email at [bookclub@awnabudhabi.com](mailto:bookclub@awnabudhabi.com).

## BRIDGE

We play social bridge on Mondays from 1:30 - 4:30 p.m. Since October 22, we are now playing at The Sports Bar Lounge, The Club. All levels are welcome.

Please email [bridge@awnabudhabi.com](mailto:bridge@awnabudhabi.com) for details and to be added to our mailing list. We also run classes from time to time. If you would like to learn to play, please email the above email address or speak to Sara or Fiona at the meetings.

## GOLF



The AWN Ladies Golf teed off the new season on October 4th. We would like to welcome all the new members who signed up for the beginner and advanced clinics. Congratulations to the twelve ladies who took part in the Pink Ladies Tournament on the Yas Links golf course on October 18th.

It was a fun day out followed by a buffet, and all for a good cause. Most recently the AWN was well represented in the Abu Dhabi Golf Club Tournament on October 25th. Once again the four-ball scramble format gave beginners and advanced players the opportunity to play golf together and later

socialize at lunch. The AWN Ladies Golf owes its ongoing success to the enthusiastic participation of its members, for which we are very grateful. As always, we appreciate the excellent coaching from the team in the Abu Dhabi Golf Club.

Join the AWN lady golfers every Wednesday morning at Abu Dhabi Golf Club, Sas El Nakhl.

Intermediate lessons begin at 9 a.m. for one hour followed by a round of play on the 9-hole Garden Course (cost 210 AED).

Beginner lessons are held at 10:45 a.m. for one hour (cost 110 AED).

You can sign up at the regular AWN Coffee Mornings or by email at [golf@awnabudhabi.com](mailto:golf@awnabudhabi.com).

## KNITTING GROUP

AWN knits for a good cause.

Our meetings are very relaxed and social with everyone sharing creative ideas. We welcome knitters of all levels, so why not grab your needles and yarn, and come join us to work on your knitting skills while making new friends.

Meetings take place every Monday 10:30 a.m. - 1:30 p.m., at Bee's Knees Cafe, Nation Towers.

If you plan to attend please send an email to [knit@awnabudhabi.com](mailto:knit@awnabudhabi.com).



## MAH JONG



The Mahjong group meets every Wednesday at the Slipway Bar, The Club, from 9:30 a.m. - 12:30 p.m. We welcome players of all levels, so even if you haven't played before just come! We would love to teach you. The 40 AED fee covers the entrance to The Club, sandwiches, fruit salad, cookies, coffee, tea and water. Parking is available either inside or outside The Club. If you want to be included on our list please send an email to [mahjong@awnabudhabi.com](mailto:mahjong@awnabudhabi.com).

## TENNIS

Looking to learn the game of tennis or improve your current game? AWN Tennis offers lessons at the Beach Rotana for interested AWN members. Classes for both Beginners and Advanced players are held on Sundays and Tuesdays from 8:45-9:30 AM.

To learn more or sign up for tennis lessons, please contact: [tennis@awnabudhabi.com](mailto:tennis@awnabudhabi.com). Join the fun!



## EXPLORERS

### Upcoming Events

- **Tuesday, November 7: Dubai Opera Private Tour**

**Time: 8:30 a.m. - 5 p.m. // Cost: 250 AED**

Meet at Mushrif Mall, by taxi stand at 8:15 a.m.

Bus departs promptly at 8:30 a.m. | Bus returns to Abu Dhabi at 3 p.m.

Located just steps from the Burj Khalifa, in what's billed as "the most prestigious square kilometre in the world," the iconic dhow-shaped building of Dubai Opera is a masterpiece of contemporary design, and a stylish tribute to Dubai's maritime history. Designed by Janus Rostock, the space has the exceptional ability to transform into three modes; from a theatre into a concert hall, to a 'flat floor' mode, becoming a banquet or event hall.

Enjoy a Three-Course meal at Sean Connolly, a contemporary brasserie, with an uncomplicated and produce-driven menu serving seafood and steak, interlaced with Australian and New Zealand influences. The restaurant design was inspired by the highly irregular shape and scale of the Dubai Opera building. Each design element within the venue explores ideas of the sea, from the oyster with its combination of smooth sensual surface and textured outer surface to the oceanic tones and colours of corals and pearlescent hues.

Sign up at the Explorers desk at the next coffee morning or email [explorers@awnabudhabi.com](mailto:explorers@awnabudhabi.com)

- **Tuesday, November 21: Global Village**

**Time: 2 - 9 p.m. // Cost: 100 AED**

Meeting at Mushrif Mall, near the taxi stands.

Bus departs at 2 p.m. | Bus returns to Abu Dhabi at 9 p.m.

Excellent time to shop for festive holidays.

Sign up at the next AWN coffee meeting on November 2nd or email [explorers@awnabudhabi.com](mailto:explorers@awnabudhabi.com)



### Explorers Event: AWN Members visit New York!

New York University Abu Dhabi was visited by several AWN members on October 24th. The curator of the Museum, Mia Alison conducted a guided tour of the current exhibit at the NYU Art Gallery.

Inventing Downtown: Artist-Run Galleries in New York City, 1952-1965 examines the New York art scene between the peak of Abstract Expressionism in the early 1950s and the rise of Pop Art and Minimalism in the early 1960s.

Our guide gave us a comprehensive overview of the exhibit and then explained how the art scene of New York changed and grew during this period. The works were impressive and the thorough explanation of what we were experiencing made for an informative and delightful day!

The exhibit is located at the NYUAD Campus Art Gallery and is open to the public through January 13, 2018.

Thanks to our Explorer's group for organizing and be sure to check out all that NYUAD has to offer with family and friends!

[nyuad.nyu.edu/en/news-events/exhibitions/inventing-downtown-new-york.html](http://nyuad.nyu.edu/en/news-events/exhibitions/inventing-downtown-new-york.html)

*- Patti Hatcher & Carmen Adea*

### CULTURE CLUB

The Culture Club will meet on Sunday, November 26, between 10 a.m. – 12 noon. We usually discuss cultural topics from various cultural backgrounds. Our next meeting will focus on "Traditional makeup, tattoos and body art."

We are always looking for volunteers who would like to share with us what they know about the topic, just 5 minutes will do. Therefore, for our next meeting we would love to encourage a beautician amongst you to share some of your tips on modern makeup. If you are an enthusiast of natural cosmetics, please share your secrets with us. If you have ever seen a person whose tattoos or body painting impressed you, tell us all about it and, if possible, show the picture.

If you are interested in joining, sign up during coffee mornings. The cost and venue TBA.

## AWN SHOWCASE

Due to unforeseen circumstances, the AWN Showcase will not be held this year. Khalidiya Palace Hotel will be hosting the Saadah Exhibition on November 25th – November 28th.

The exhibition timing is over Formula One with many visitors and will feature the largest Sword in the World.

AWN members are welcome to attend or participate by purchasing a table to sell their items. For more information please contact [abeer@takaful.gov.ae](mailto:abeer@takaful.gov.ae).

## AWN COOKBOOK

*CALLING ALL COOKS, BAKERS AND RECIPE MAKERS. AWN has a fabulous new cookbook! From drinks to desserts and everything in between, all recipes are wanted.*

Here's what you need:

- A recipe from your home country or one you enjoy making.
- A small story to go with the recipe (for example who gave it to you, why you enjoy it, who made it for you, who you make it for, etc.).
- Where you are from.



Log into [bakespace.com](http://bakespace.com) with username **AWNADcookbook**; password **ADcooks**. In the left menu, you will find "ADD A Recipe," an easy online form to fill in. Uploading a pic and writing a little backstory makes your recipe even more special. For more info, please email [cookbook@awnabudhabi.com](mailto:cookbook@awnabudhabi.com).

Prefer to hand in a hard copy? No problem. Just hand your recipe in to any member of the committee at our coffee mornings, or send it to [cookbook@awnabudhabi.com](mailto:cookbook@awnabudhabi.com).

## SHUKRAN!

As always, AWN wishes to thank **Khalidiya Palace Rayhaan by Rotana** for hosting our Thursday morning coffees. We greatly appreciate its welcoming atmosphere, and its dedication in meeting our needs and expectations.

Members please remember that Khalidiya Palace offers 20% discounts in their restaurants following our coffee gatherings.

## A THANK YOU FROM DR. YATES

A huge thanks to everyone who contributed to our highly successful two days of research this week.

A team of some 10 volunteers arrived at 9 a.m. on Wednesday, and over the day another five joined us, with us finishing at 7:45 p.m. On Thursday we started again at 9 a.m. and finished at 2:30 p.m. when the library closed. About 15 joined us on Thursday.

The commitment from you volunteers was amazing, with some driving from Dubai and Al Ain, some taking a day off, and others reorganising their days just to come. Special thanks to our Instagram coordinators – Sarah and Tiffany.

Over the two days we reviewed two years of UAE history, and found lots of great stories – see our Instagram for some of these.

On behalf of Mohammed Alolama and I, thank you for your contribution and interest in this important project.

**Dr. Athol Yates, Assistant Professor, Institute for International and Civil Security**